

Support for service members, veterans, and their families

Your GuidanceResources® program is here for you.



Whether you are a service member, a veteran, or family of a service member or veteran, your GuidanceResources Program offers resources to help with your unique set of challenges. Our help is free, confidential, and available 24/7 online at guidanceresources.com or by calling your organization's toll-free number. Talk to us for:



Work-Life Balance

- Vacation or travel assistance
- Wedding and event planning
- Locating discounted services for veterans
- Pet-sitting services
- College planning
- Support groups for active military, veterans, and their families



Legal Concerns

- Securing veteran benefits
- Legal protections for veterans
- Divorce and child custody
- Wills and estate planning
- Real estate/landlord-tenant relations



Financial Issues

- Credit card debt and liability
- Identity theft
- Retirement planning
- Tax questions
- Budgeting help



Counseling Assistance

- Grief or depression
- Chronic illness
- Substance use issues
- Domestic violence
- Coping with traumatic injury
- PTSD support and services
- Parenting or relationship issues



Parenting Needs

- Getting reacquainted with children after deployment
- Child care concerns
- Step-parenting issues
- Support for special needs children
- Choosing schools and colleges
- Homework and study habits



Live Assistance

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: Enter your company-provided Web ID



Scan for more resources

